

# Sign Up SATURDAY®

## Get Ready. Get Set. Get Fit!



## A FREE youth sports, health and wellness expo

presented by:



**BlueCross BlueShield  
of Louisiana**

An independent licensee of the Blue Cross and Blue Shield Association.

Blue Cross and Blue Shield of Louisiana incorporated as Louisiana Health Service & Indemnity Company

**Event Date: Saturday, February 20, 2010**

**Location: Natchitoches Event Center**

**Time: 9:30 AM to 1:00 PM**

**Admission: Free**

- SIGN UP for leagues, camps and activities
- FREE children's health screenings
- FREE games and activities
- FREE raffles and prize giveaways
- FREE application and renewal of no-cost children's health insurance through LaCHIP
- COME EARLY for an autograph from the Demons basketball team

For more information call 800-868-0415 or  
email [info@signupsaturday.com](mailto:info@signupsaturday.com)  
[www.signupsaturday.com](http://www.signupsaturday.com)

Natchitoches Regional  
Medical Center

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